

**Minnesota Ryan White HIV/AIDS Program**  
**Service Area Standards: Mental Health Services**

**HRSA Definition:** Mental Health Services are the provision of outpatient psychological and psychiatric screening, assessment, diagnosis, treatment, and counseling services offered to clients living with HIV. Services are based on a treatment plan, conducted in an outpatient group or individual session, and provided by a mental health professional licensed or authorized within the state to render such services. Such professionals typically include psychiatrists, psychologists, and licensed clinical social workers.

**Universal Standards:** All subrecipients must meet [universal standards](#) requirements in addition to service area standards for which they are funded.

Standard	Measure	Data Source
<b>Individual Client Focused Standards</b>		
1: Diagnosis	<p>1.1 Clients of clinical mental health services will have a diagnosed mental illness through one of the following:</p> <ul style="list-style-type: none"> <li>a. Diagnosis made by the program clinician</li> <li>b. Documentation of diagnosis made by another licensed clinician.</li> </ul> <p>1.2. Documented mental health diagnoses will be reviewed annually by provider and updated as indicated by client's needs or status changes</p>	<p>1.1. Client record includes dated, signed documentation of an initial DSM diagnosis from the current DSM tool by a licensed clinician.</p> <p>1.2. Client record includes dated, signed documentation of a DSM diagnosis from the current DSM tool review that is no more than one year old.</p>
2: Treatment Plan	2. Each clinical mental health client will have a detailed treatment plan based on the diagnosis, client input, and clinician and program staff observation of the client's needs and level of function.	2. Client record includes a documented treatment plan with measurable objectives that is updated every six months.
3: Assessments, Referrals, and Linkages	<p>3.1. Clients are referred, as appropriate, to medical case management; client is asked to sign release of information (ROI), if needed, to coordinate services with case manager as indicated.</p> <p>3.2. Clients are referred, as appropriate, to psychiatric, higher intensity psychological or substance abuse treatment services; client is asked to sign release of information (ROI), if needed, to coordinate services with other behavioral health services as indicated.</p> <p>3.3. Providers of mental health services coordinate care with clients' primary care physician or HIV medical doctor with the following guidelines:</p> <ul style="list-style-type: none"> <li>a. Consent in the form of a signed release of information (ROI) if needed, by the client.</li> <li>b. Signed documentation that the client does not consent to coordinated care between their Ryan White mental health provider and their HIV primary care physician.</li> </ul>	<p>3.1-3.3 Client record has dated, signed documentation of coordination of service activities and, if appropriate, ROI.</p> <p>3.3. Client record has dated and signed documentation of coordination of care with primary care or HIV physician updated annually.</p> <p>3.3. Client record has dated and signed documentation that indicates that the client does not consent to coordinated care between their Ryan White mental health provider and their HIV primary care physician. To be updated annually.</p>

Standard	Measure	Data Source
<b>Program Focused Standards</b>		
4: Provider Qualifications	<p>4.1 All clinical mental health services are provided by a licensed mental health professional who is Medical Assistance (MA) qualified.</p> <p>4.2. All clinical mental health services are provided by one of the following:</p> <ul style="list-style-type: none"> <li>• Licensed mental health professional in the state of Minnesota</li> <li>• An individual certified by a tribal council as a mental health professional, serving a federally recognized tribe</li> <li>• Mental health practitioners who qualify as clinical trainees</li> </ul> <p>4.3 Clinical mental health programs may provide additional client support and administrative assistance by staff with knowledge of HIV and skills and experience to provide psychosocial support to clients, coordinated with clinical mental health services.</p>	<p>4.1-4.2. Program file contains copies of current licensure and Minnesota Health Care Programs Provider Agreement.</p> <p>4.1-4.2. If a clinical trainee provides service, program file contains a copy of the Qualified Mental Health Professional Clinical Supervisor Assurance Statement.</p> <p>4.3. Program file contains documentation of all current direct service staff qualifications including education, work experience, skills assessment, and relevant certification or licensure where applicable.</p>