

**Minnesota Ryan White HIV/AIDS Program**  
**Service Area Standards: Health Education/ Risk Reduction**

**HRSA Definition:** Health Education/Risk Reduction is the provision of education to clients living with HIV about HIV transmission and how to reduce the risk of HIV transmission. It includes sharing information about medical and psychosocial support services and counseling with clients to improve their health status. Topics covered may include:

1. Education on risk reduction strategies to reduce transmission such as preexposure prophylaxis (PrEP) for clients' partners and treatment as prevention
2. Education on health care coverage options (e.g., qualified health plans through the Marketplace, Medicaid coverage, Medicare coverage)
3. Health Literacy
4. Treatment adherence education

**Program Guidance:** Health Education/Risk Reduction services can be delivered anonymously.

**Universal Standards:** All subrecipients must meet [universal standards](#) requirements in addition to service area standards for which they are funded.

Standard	Measure	Data Source
<b>Individual Client Focused Standards</b>		
<p><b>1. Health Education/Risk Reduction Curriculum:</b>  <b>Subrecipient</b> has a written curriculum to provide information on the following topics:</p> <ul style="list-style-type: none"> <li>• Improving health status by providing information on accessing and retaining HIV medical care, medications, adherence and understanding lab values.</li> <li>• Information about available Ryan White core medical and support services.</li> <li>• Education on HIV transmission and how to reduce the risk of transmission including PrEP and PEP for partners, U=U and STI prevention.</li> <li>• Personal HIV disclosure.</li> </ul>	<p>1.0 Curriculum reviewed and approved by contract manager before delivery.</p>	<p>1.0 Documentation of curriculum approval on file.</p>
<p><b>2. Assessment:</b> Group and individual level assessment of clients' needs or topics:</p> <ul style="list-style-type: none"> <li>• Activities will be driven by an assessment of participants' interests and needs.</li> <li>• Assessment may be conducted during group discussion or individually with clients.</li> </ul>	<p>2.0 Assessment questions and results.</p>	<p>2.0 Documentation on file.</p>

<p><b>3. Delivery of HERR:</b>  3.1 HERR may be delivered either individually or in large or small groups.   3.2 Subrecipient may develop curriculum or may use approved curriculum developed by others.   3.3 Subrecipient may use experts to deliver curriculum (for example a pharmacist to explain medications and adherence).</p>	<p>3.1 Large or small groups or individual sessions delivered.   3.2 Curriculum available for review before delivery.   3.3 Resume, curriculum vitae, or other documentation such as an expert bio that reflects expertise,</p>	<p>3.1. Documentation of participation in groups or individual sessions in CareWare. Group sign-in sheets on file.  3.2. Approval of curriculum by contract manager on file.  3.3. Documentation of expertise on file.</p>
<p><b>4. Staff Qualification and Training:</b>  4.1 Subrecipient will have knowledge of the curriculum topics, the skills and abilities to provide health education services and one or more of the following:</p> <ul style="list-style-type: none"> <li>• Two years' experience in HIV prevention or care</li> <li>• Bachelor's degree plus one year HIV experience</li> </ul>	<p>4.1. - 4.2. Position description, job postings, resumes and documentation of staff training.</p>	<p>4.1 – 4.2 File Review/Site Visits</p>
<p>4.2. Staff demonstrate competency through education, experience, or training on topics listed in Section 1 of this standard.</p>		<p>File review/site visits</p>